Coronavirus (COVID-19)

GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus (COVID-19)** visit **health.gov.au**

HELP STOP THE SPREAD AND STAY HEALTHY

Australian Government

Coronavirus (COVID-19)

KEEP THAT COUGH UNDER COVER.

Always cough or sneeze into your arm or a tissue and put the tissue in the bin straight away. Wash your hands with soap and water for at least 20 seconds afterwards.

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HELP STOP THE SPREAD AND STAY HEALTHY

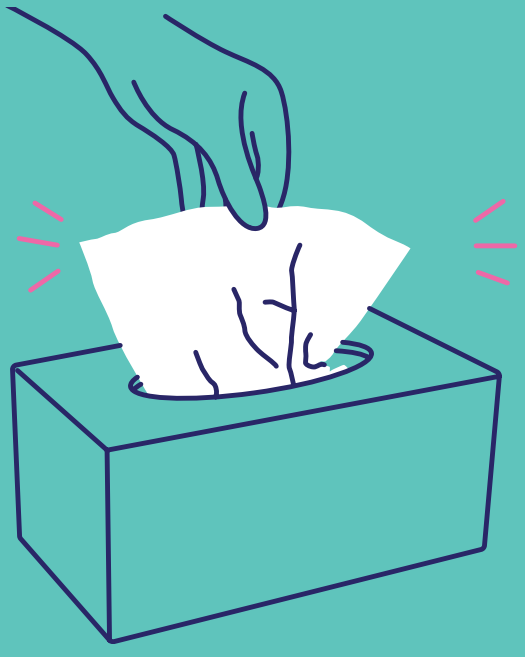
Australian Government

Coronavirus (COVID-19)

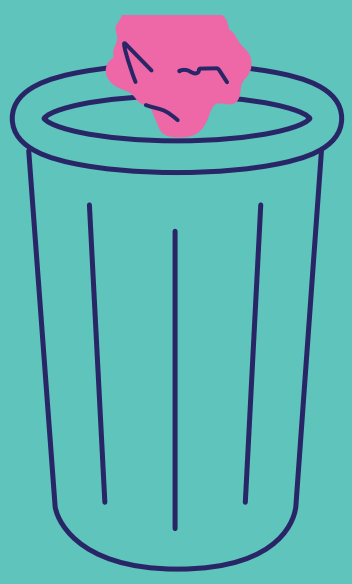
SIMPLE STEPS TO HELP STOP THE SPREAD.

Cough or sneeze into your arm

Use a tissue



Bin the tissue



Wash your hands

HELP STOP THE SPREAD AND STAY HEALTHY

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